CHRISTIAN Adult Education SPRING 2019 • COURSE CATALOGUE V.2

LifeGroups, Marriage Enrichment, Men & Women's Ministry, Leadership & Staff Training



COLLEGE OF BIBLE

RB Community Church 17010 Pomerado Rd | San Diego, CA 92128 858.487.0811 | rbcommunitychurch.org

INTRODUCTION

As you probably know by now, John 7:38 is a foundational verse for RB Community Church, which states, *"From the believers will flow rivers of living water."* This water, that flows as a river from the believers, comes from a "well of water" that is given to each believer by Jesus himself. Jesus speaks about this in John 4:7-26. He shares with a woman about water that people can drink, which will not only satisfy their thirst forever, but will create a reservoir, a well of water, which will spring up to be eternal life.

In other words, believers are deep wells that Jesus fills up to such a degree that the water flows over the top of the well! In an arid and dry climate, where it only rains once or twice a year, and wells were often very low or dry, this imagery would be quite a powerful vision. But this is



exactly the vision that our Lord has for us, to be filled to such a point that out of our mouths, our pores, our very being, will flow his love and grace, into a very dry and arid world.

In the region where Christ ministered, the only place that one would see green grass and trees would be around an oasis, which would naturally form around springs and certainly would have formed around overflowing wells. This image of green grass and trees springing up from wells of overflowing water, captures what happens when rivers of living water flow out of us, a spring of people come to know Christ and receive eternal life.

It is for this reason that RB Community Church has developed the College of the Bible, where the mission is "to equip believers for the work of ministry" (Eph. 4:12-14). This College is to help you be an overflowing well so that from you will flow rivers of living water. I invite you to receive all that Christ has to give you by attending a class, or classes with our College of the Bible.

SPRING 2019

You can register in the College by visiting the Education and Discipleship table in the courtyard on the Sundays of January 6 and 13, or by filling out a Connect Card during one of our Worship Services.

I also encourage you to declare a major or minor area of study, which you can do at the table. After a set number of hours, you will receive a certificate in your area of study. Any class you have taken during the past two years will count towards your certificate. Call me, send me an e-mail, or see me at the Education and Discipleship Table for more information.

I just want to highlight a few things for you as you review this Spring Semester Catalogue. Dr. Chris Cook returns with a very informative Theology and Arts class on "The History of Hymns." Kimberley Scholte returns, and is joined by David Breitweiser, for a tasty Theology and Arts Lenten class on Maundy Thursday featuring "Cooking a Passover Lamb." This semester will also be the first time we offer two on-line courses, "Comparative Religions" and a study on Church Leadership called "Leadershift." I am pleased to introduce you to our newest instructor, Sandra Daum, who is teaching a women's Beth Moore Bible Study on the Book of Daniel. The Rev. Dr. Mofid Wasef and Rev. Dr. Bob Lauer will continue this semester with their biblical studies classes. There is so much more that we are offering, so take some time now to read through this Course Catalogue.



In Gratitude,

Rev. John M. Scholte Pastor of Adult Christian Education and Discipleship

II Corinthians 5:17

CMCM 200: Daniel-Lives of Integrity



Wednesdays, Jan. 16-March 27 | 9:30-11:30 am Upper Fireside Instructor: Sandra Daum Text: Workbook (Cost: \$30)

Course Description:

A Beth Moore in-depth study of a clash in culture between Ancient Babylon, with all its worldly pleasures, and the Jewish culture of Daniel. Join us on this 11-week journey as we investigate the inspirational life of a Jewish exile who chooses to follow God at all costs. From the DVD's of Beth Moore, group discussion, personal application, and prayer, we will glean biblical teachings on how to live a life of integrity.



Sandra Daum jnsdaum@gmail.com

CNAT 200: The History of Hymns



Tuesdays, February 19-April 30 | 6:00-7:30 pm Choir Room

Instructor: Dr. Christopher Cook, Director Emeritus Text: Handouts provided in class

Course Description:

In this class you will reflect upon dozens of the greatest hymns written from the earliest years of the Church through the Twentieth Century. We will look at the significant contributions made by each hymn as illustrated by composition, stories, and historical events of the time and accounts of the authors and composers.



CMMT 300 Comparative Religions



Online Course Web Address: scs-university.teachable.com *Instructor: Rev. John M. Scholte Text: RELG: World by Robert E. Van Voorst**

Course Description:

A comparative approach to the teachings of the world's primary religions to Christianity. The religious and cultural expressions of Hinduism, Buddhism, Confucianism, Taoism, Judaism, Islam, and Sikhism will be explored through their core teachings against the back drop of Christian theology and culture.

*This textbook (any edition) can be purchased on <u>amazon.com</u>

Directions to join your online class:

Type the Web Address into your browser. You will reach SCS University, which assists the College of the Bible with its online platform. Select **Enroll Now**. Complete the **Enrollment Form**. Agree to the "Terms of Use & Privacy Policy." Select **Sign Up. Choose Course.** Select videos to watch. If you have trouble accessing the course, please contact the instructor.



Pastor John john@rbcpc.org

Online Course

CMCL 300: Equipping Leadership



Web Address: scs-university.teachable.com Instructor: Rev. John M. Scholte Text: Experiencing Leadershift Application Guide by Don Cousins and Bruce Bugsbee*

Course Description:

The Equipping Leadership class is open to anyone, but is primarily intended for leadership training and ministry development. It's for all who are in a leadership role, whether paid or volunteer, whether you lead three people, thirty, or one thousand. It's about assisting all those who have leadership responsibilities at RB Community Church.

*This textbook can be downloaded for free on class platform

Directions to join your online class:

Type the Web Address into your browser. You will reach SCS University, which assists the College of the Bible with its online platform. Select **Enroll Now**. Complete the **Enrollment Form**. Agree to the "Terms of Use & Privacy Policy." Select **Sign Up. Choose Course.** Select videos to watch. If you have trouble accessing the course, please contact the instructor.



CMCM 100: Computer Basics



Sundays, Jan. 13, Feb. 17, March 17, April 14 11:30 am-2:00 pm | Upper Courtside Instructor: Rachael Groeneweg Text: Binder (Purchased in class for \$10 on first day) Materials: PC Laptop/Macbook (if you have one)

Course Description:

Need to use a computer? Want to access the internet? Not sure where to begin? This class will start you off in the right direction, and help you feel comfortable using this technology. We'll cover everything from how to download your precious family photos to answering the question, "What's that cloud thing?!"

Class size is limited to 12. It's strongly recommended that you attend every class, as it is structured to get more complex each time with concepts building upon each other; however, if you already feel comfortable with a particular session, you may skip it and go to the next one.

Session 1	"The Ten PC Commandments," memory/storage, internet safety, PC Tour, ports, shut-down, survey
Session 2	"Life on the Cloud," fun with files and folders, photo management, computer accessories
Session 3	"The World of Digital Entertainment" (YouTube, Netflix, Spotify, etc.)
Session 4	Word Processing, spreadsheets, slideshows, Shutterfly, "Final Exam," and exit survey

Rachael Groeneweg rachael@rbcpc.org

CMCM 200: Human Conflict & Christian Peace



Mondays, January 14-March 25 | 6:00-7:30 pm Lower Fireside

Instructor: Rev. John M. Scholte Textbook: Binder (Purchased in class for \$10 on first day)

Course Description:

An exploration of the sources and consequences of war, conquests, and clashes found in the human political, social, and cultural spheres with suggested possibilities for peace from historical, analytical, and literary sources and how they stack up to the biblical view of Peace as taught by Christ. An analysis of the 1960's Civil Rights Movement will be a case study included in this exploration.



Pastor John john@rbcpc.org

CNAT 110: Cooking a Passover Lamb



Maundy Thursday, April 18 | 12:00-2:00 pm Courtyard

Instructors: Kimberley Scholte & David Breitweiser Text: Handouts provided in class

Course Description:

Join us for the traditional Maundy Thursday service at 11:00 am and then stay for a delicious lunch and cooking class which will feature a roasted lamb on a spit over coals. Learn how to prepare a Passover Lamb that will rival those served in Jesus' day!



CMBS 100: Seekers (Study the Bible with Pastor Mofid)



Wednesdays | 10:00-11:00 am Skylight Instructor: Rev. Dr. Mofid Wasef

Course Description:

This class focuses on the cohesiveness of the Old and New Testaments as God's continuous story. Or as Pastor Mofid says, "What is hidden in the Old Testament is revealed in the New Testament."



Pastor Mofid mofid@rbcpc.org

CMBS 100: God's Prescription for Wholeness



Sundays, January 20-April 28 | 10:00-11:00 am Fellowship Center

Instructor: Rev. Dr. Bob Lauer Text: Handouts provided in class

Course Description:

We will study the book of James. James wrote his letter so that Christians everywhere might be "mature and complete, not lacking anything" (James 1:4). With this end in mind, he offers us a wealth of practical guidance for our everyday living. In this class, we will work carefully through the book of James, discussing such matters as how to pray to make things happen, how to remain steadfast in the face of temptation, why it's imperative to control the things we say, and how to be friends with God.



Pastor John john@rbcpc.org

CMCM 200: Life-Changing Spiritual H.A.B.I.T.S.



Wednesdays, January-April | 6:00-7:00 pm Lower Fireside Instructor: Rev. Dr. Bryan Stamper

Text: Various Handouts

Course Description:

Dr. Stamper will lead you through the right Habits that will help you grow in godliness. "H.A.B.I.T.S." stands for six categories of Spiritual Disciplines which include:

- Holy Time
- Accountability
- Biblical Study
- Investments
- Testimony
- Sabbath

Spiritual H.A.B.I.T.S. Class Schedule

Jan. 16	Healing Prayer
Jan. 30	Gateway †
Feb. 6	Gateway †
Feb. 13	Gateway †
Feb. 20	How to Mentor and be Mentored
Feb. 27	Maintain a Spiritual Journal
March 13	Sharing Your Testimony
March 20	Best Sabbath Practices
March 27	Gateway ‡
April 3	Gateway ‡
April 10	Gateway ‡
April 17	No Class
April 24	The Well/Tailgate Event (No Class)
May 1	Centering Prayer
May 8	How to Study the Bible
May 15	Connecting with Other Believers



RBCPC 90: Gateway



This class is offered twice during the Spring Semester. <u>You only need to attend one of the</u> <u>two Electives</u> (see previous page):

Elective One (†) Wednesdays, January 30, February 6 & 13 (In place of the Spiritual H.A.B.I.T.S class) Lower Fireside

Elective Two (‡) Wednesdays, March 27, April 3 & 10 (In place of the Spiritual H.A.B.I.T.S class) Lower Fireside

Instructors: Rev. Dr. Bryan Stamper & Rev. John M. Scholte Text: Various handouts provided

Course Description:

This class is designed to be the Gateway to your connection to the ministries of RB Community Church and the RB College of the Bible. You will learn how to join a small group, get an opportunity discover your spiritual gifts, and understand the part you play in the vision of RB Community Church.



Pastor Bryan bryan@rbcpc.org

Pastor John john@rbcpc.org

CMCM 100: Meditation on Scripture



Thursdays, Feb. 7, March 7, April 4 | 6:00-7:30 pm Upper Courtside Instructor: Kathy Wesley

Materials: Provided

Course Description:

This monthly session provides an opportunity to hear scripture read devotionally in a quiet, meditative manner that allows for time to reflect on what God is personally saying through His word. This approach lets scripture become a source of spiritual nourishment and prayer. Take time to be still and reflect in the presence of God.



Kathy Wesley katknits@cox.net

Tied in Prayer: Quilt Basics & More



Tuesdays, starting January 15 | 6:00-8:30 pm Skylight

Facilitator: Kathy Wesley Materials: Sewing Machine; other supplies provided

Course Description:

Come join the fun, fellowship and sewing on Tuesday evenings as we create a variety of items as part of the Tied in Prayer Ministry. The techniques change depending on the project. This class is open to all skill levels, although a basic knowledge of sewing is helpful. Basic sewing/quilting supplies are provided. Feel free to join in as your schedule permits.



Kathy Wesley katknits@cox.net

Tied in Prayer Ministry



2nd & 4th Fridays starting Jan. 11 | 9:30-11:30 am Skylight

Facilitator: Kathy Wesley Materials: Sewing Machine; other supplies provided

Course Description:

Join us to work on finishing up some of those UFO's (UnFinished Objects) that are sitting around at home. Bring along a project from home or work on something we have available to finish, while enjoying conversation and fellowship. Tables are set up to provide additional working space for cutting and sewing. Basic sewing supplies are available.



Kathy Wesley

katknits@cox.net

Quilt Workshop



Saturday, January 19 | 9:30 am-2:00 pm Skylight

Instructor: Kathy Wesley Materials: Sewing machine; other supplies provided

Course Description:

Do you want to brush up on some of your sewing skills, or learn some new ones? Come join the Tied in Prayer quilt ministry members as we work on some projects to support a variety of church mission opportunities. Projects for a variety of skill levels will be available, from cutting squares, to making pillowcases, to creating placemats for college students to small lap quilts. Working together on these projects is a great way to meet others. Don't worry if you can't stay the entire time; come as you can. You might even find some tasty treats to go along with the fellowship.



Kathy Wesley katknits@cox.net

CPR.AED Course (sponsored by RB Community Parish Nurses)



Saturday, March 2 | 9:00 am-1:00 pm Dormer (East & West)

Instructors: David Lee, M.D. & Lynn Sheffey, M.D. Cost: \$30

Course Description:

This certification class teaches basic life saving techniques using the current CPR - AED guidelines of the American Heart Association. Includes Infant CPR and the use of our AED.

Reservations REQUIRED



Marilyn Glover marilyn@rbcpc.org 858.487.0811 x272

First Aid Class (sponsored by RB Community Parish Nurses)



Saturday, May 4 | 9:00 am-1:00 pm Dormer (East & West) Instructors: Mert Suzuki & Lynn Sheffey, M.D. Cost: \$25

Course Description:

This certification class teaches procedures for first aid basics including medical, injury and environmental emergencies. This is a Heartsaver First Aid Course from the American Heart Association.

Reservations REQUIRED



HIGHLIGHTS FROM FALL 2018



CURRICULUM TRACKS

The Mission of RB Community Church College of the Bible is to "equip believers for the work of ministry" (Eph 4:12-14) with RB Community Church. The goal is to effectively train believers in the Word so they can grow in their relationship with Christ and others and effectively minister in their community. RB Community Church College of the Bible is committed to the foundation of God's truth in the Scriptures, the clear presentation of those truths as they relate to each course, and the application of those truths to individual believers and their ministry in the world.

The College of the Bible offers ten tracks which students can follow that will lead to a "major," and/or "minor."

To receive a Major Certificate, students must complete 60 credit hours of which 36 hours must be within the discipline of their track. The remaining 24 credit hours may be taken outside their track.

THE CERTIFICATE MAJORS ARE:

1. Christian Ministry (CMCM) Includes a concentration on a wide range of classes that support a student's spiritual growth and discipleship. The focus is on the Christian life in general and how to live a Christian life within a secular world. (Although this can be a declared track, those who do not declare a major or minor will automatically be enrolled in this track.)

2. Biblical Studies (CMBS) Includes a concentration on the 66 books of the Bible. The student will be equipped to interpret the Bible for themselves and others. The focus will be on the understanding and application of the Bible through enhanced historical and contextual exploration of its various books.

3. Theology (CMTT) Includes a concentration on the doctrines of the Reformed Faith. The focus will include Systematics, Biblical, Historical, Covenant, and Pastoral approaches to assist the student in deepening their understanding of how theology relates to ministry and the Christian life.

SPRING 2019

4. Christian Leadership (CMCL) Includes a concentration on principles which enhance and develop the student's leadership skills and knowledge to lead the church professionally and spiritually in its ministry. The focus will be on how to utilize the church's structure to provide transformational and servant leadership that contextualizes the church's ministry in the community.

5. Missions (CMIMT) The Missions major includes a concentration on preparing students for effective cross-cultural ministry as skillful workers and as clear communicators of the gospel. The focus will be ministering and working in an intercultural community which has become international and multinational. It will also include serving in a cross-cultural setting, either in the United States or abroad.

To receive a Minor Certificate, students must complete 36 credit hours of which 18 hours must be within the discipline of their track. The remaining 18 credit hours may be taken outside their track.

THE CERTIFICATE MINORS ARE:

1. Church Health and Growth (CNCH) Includes a concentration on the signs, principles and practices of a healthy growing church along with cultural influences and reaching the unchurched. The focus will be on assisting the student to demonstrate an understanding of the biblical models of healthy churches and the missional nature behind growing churches in the context of the church's ministry in the community.

2. Spiritual Formation (CNSF) Includes a concentration on promoting growth in the student's inner life of faith and prayer with God in the context of a shared community, while also developing the student's knowledge-base in the Word, spiritual formation and soul care. It focuses specifically on ways to deepen the student's knowledge and openness to God and His work, as well as understanding the self and others in order to grow toward conformity of character and inner life in the image of Christ. In turn, it trains students to assist others in their journey of growth in Christ and His body.

CURRICULUM TRACKS (continued)

3. Teaching (CNTT) Includes a concentration on training for the church educational programs and discipleship ministries. The focus will be on the student acquiring the tools to teach, lead and work in a variety of church education and discipleship positions including children, youth and adult ministries.

4. Arts and Theology (CNAT) Includes a concentration on preparing the student to be an effective interpreter of Christianity in contemporary culture. The focus will be on combining the study of music, art, or theater (with theology), creating opportunities for students to prepare for ministry in a wide variety of fields where faith intersects with culture.

5. Youth Ministry (CNYM) Includes a concentration in a biblical philosophy of youth ministry, understanding contemporary youth culture, youth problems, and counseling of adolescents in different settings. It focuses on how to communicate biblical concepts effectively in a variety of teaching situations. It will also include an internship that gives the student real experience in the field.

NOTE: You will still be able to take any class you would like, but if you declare a major or minor there will be a selection of courses you can take that will lead to the Certificate. If you don't declare a major or minor you will automatically be in the Christian Ministry track. To make your declaration, and to register in the College of the Bible, you will need to take the "Gateway Class" which will be offered various times throughout the year.



"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." - John 15:5

Come and join the celebration as we look forward to another great year of LifeGroups. There are many adults now participating in a LifeGroup, some for the first time. Groups meet in homes and on our church campus, on different days and at different times with varied studies and activities. There are many different types of groups for all ages: families with preschoolers, families with kids in K-12th grade, couples, singles, and more! New groups are formed regularly and are a great way to become connected and learn more about RB Community Church.

Just what is a LifeGroup? It is:

- A place to belong and be yourself
- A place to feel cared for and encouraged
- A place to grow in faith
- A place to develop leadership
- A place to explore spiritual gifts
- A place to share lives
- A place to pray for and serve others
- A place of accountability

Learn more about our LifeGroups ministry at the Kick-Off on Wednesday, January 16! Join us for Wednesday Night Supper (see prices on following page), and then for a special dessert to follow.

LIFEGROUPS

LifeGroups Kick-Off Celebration!



Wednesday, January 16 5:00 pm (Dinner) | 6:00 pm (Dessert & Kick-Off) Dinner: Fellowship Ctr. | Kick-Off: Lower Fireside Cost (Dinner): \$8.50/person; \$25/family of 4

Description:

LifeGroups are the small groups at RB Community meeting in homes and on campus throughout the week. Through LifeGroups, individuals are able to connect and build relationships with each other. With a church the size of RB Community, small groups provide a place to explore our gifts and care for each other as the body of Christ.

Are you part of a small group? OR are you interested in learning more about why LifeGroups are such an important part of our church community? Don't miss the celebration as we Kick-Off the New Year. Come for dinner and join other LifeGroup members for dessert and a celebration to start 2019. Pastor John will be there to share some of the exciting events happening in our LifeGroups. All LifeGroup members and those interested in exploring what it means to be part of a group are encouraged to attend.



Kathy Wesley, LifeGroups Coordinator lifegroups@rbcpc.org 760.781.5756

LifeGroup Leadership Retreat



Friday, January 11 | 6:00-8:00 pm Dinner included; Fellowship Center

Saturday, January 12 | 8:30 am-2:00 pm Lunch included; Fellowship Center

Description:

The retreat time will provide an opportunity to get to know other LifeGroup leaders and share experiences as well as a time to learn more from small group experts on topics that, at some point, impact all small groups. If you facilitate a LifeGroup or would like to become more involved or start a new group, this retreat is for you!

Topics will include:

- 1. Communities that Change Lives
- 2. Healthy Leaders Lead Healthy Groups
- 3. Lead Transformational Meetings
- 4. Build Authentic Relationships
- 5. When Groups Get Messy
- 6. Why Small Groups
- 7. Three Keys for New Leaders
- 8. Emphasize Relationships in Your Group
- 9. First Night Survival Groups
- 10. Five Reasons to Quit Your Small Group



Kathy Wesley, LifeGroups Coordinator lifegroups@rbcpc.org 760.781.5756



Marriage Enrichment is an important part of the Education & Discipleship ministries that RB Community Church offers to the community.

RB Community Church strives to strengthen marriages so they not only survive, but also *thrive* in the way God designed marriages to be!

This ministry is led by The Marriage Enrichment Team: a group of couples that have a vision for a church and community where marriages and couples flourish. They offer Date Nights, Retreats, Classes, and Special Events throughout the year.



The Marriage Enrichment Team also offers engaged and young married couples the opportunity to partner with trained, volunteer couples to disciple them in building the foundation for a solid marriage.



Cherishing God-Ordained Intimacy in Your Marriage



Watch the website & newsletter for date & time

Description:

Sexuality is a great gift from God. Healthy sexuality is a source of great intimacy, joy and connection in marriage. The purpose of this workshop is to provide couples with a perspective on sexuality based on scripture and research that will lead to deeper intimacy.

Topics will range from "Intimacy: the foretaste of Heaven" to "Cultural messages that undermine healthy sexuality." The class will be taught by Scott Wood, a graduate of Bethel Seminary and a licensed Marriage and Family Therapist.



Karen Krtizer kkarenp@gmail.com

Our Challenge: Their Freedom A Conversation About Human Trafficking



Wednesday, January 23 Meal: 5:00 pm | Presentation: 6:00-7:30 pm Cost (Dinner): \$8.50/person; \$25/family of 4 Presentation: Freewill Offering

Description:

This event will incorporate testimony, video documentary, statistics & Biblical teaching that will deepen your awareness, understanding and level of engagement in the fight against modern day slavery. Together, we will look at scripture and review the first mention of slavery found in the Bible. The goal is to broaden your world view of social justice to align with Biblical Justice and to create a call to action. Attend Wednesday Night Supper, then stay for the presentation.



Pastor John john@rbcpc.org The College of the Bible is not an accredited university. It is a part of the the Adult Christian Education and Discipleship ministry of RB Community Church.



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