CHRISTIAN Adult Education SUMMER 2019 · COURSE CATALOGUE

LifeGroups, Marriage Enrichment, Men & Women's Ministry, Leadership & Staff Training

RB Community Church 17010 Pomerado Rd | San Diego, CA 92128 858.487.0811 | rbcommunitychurch.org



INTRODUCTION

In a recent study of our College of the Bible, done by Dr. Deborah Kelly, we learned some wonderful and exciting information. Dr. Kelly's work has revealed that, as of the Spring 2019 semester, we have 320 Adult participants registered and attending our College classes! Which means that 40% of our congregation is involved in Christian Adult Education and Discipleship.

I am grateful to the congregation for such a positive response

to this essential ministry of RB Community Church. I know that many of these students have attended more than one class in a semester and have placed a priority on accomplishing the course requirements. I appreciate the dedication because I realize many have a robust schedule and could easily replace this time with other



responsibilities and commitments. This is indeed a sign of spiritual maturity that leads to greater discipleship.

"As Jesus was saying to those who believed Him, 'If you continue in My word, then you are truly disciples of mine; and you will know the truth and the truth will make you free.'" (John 8: 31,32) If you have attended the Gateway classes you know that we are working towards having every person attending RB Community Church create a discipleship plan.

A "Discipleship Plan" is when a believer intentionally designs a path to fulfill what Jesus said to those who believe in him. A Discipleship Plan is a way to be in the Word, and helps us to apply its truth in our lives so that we might experience the freedom that Christ came to give. Every Discipleship Plan should include these indispensable components; the discovery of your Spiritual Gifts and how you are going to use them, or are using them, in the Church, committing to a LifeGroup or forming one by inviting friends and neighbors, and signing up for classes in the College of the Bible!

SUMMER 2019

This Course Catalogue can assist you in creating your Discipleship Plan. As has been our custom, the Summer Semester features short summer classes that will be fun and interesting. We are offering two delightful book discussion courses throughout the summer. In June, Dr. Elaine Johnson, leads a discussion on the book, *Tattoos on the Heart*, followed by a July discussion on inspiring stories from the book, *Prisoners of Hope*, by the author Rev. Jerald Borgie.

Did you know that RB Community Church is one of the founding churches of Interfaith Community Services, a local charity that has assisted thousands in poverty and homelessness? Learn more by taking our Summer Educational Tour of Interfaith lead by Paul Marx.

And while you're browsing through the catalogue be sure to review the fun summer schedule in our LifeGroup ministry. It features Health, Fitness and Relaxation. If you haven't been a part of a LifeGroup this would be an excellent time to try out being a part of this small group ministry.

There is so much more being offered this summer, don't miss out on your summer of discipleship by registering today for a class in the College of the Bible. Begin taking your path toward greater discipleship and become more and more like Jesus!

You can register on-line at: https://bit.ly/cotbible



In Gratitude,

Rev. John M. Scholte Pastor of Adult Christian Education and Discipleship

II Corinthians 5:17

COLLEGE OF THE BIBLE

CMCM 100: Tattoos on the Heart Book Discussion



Mondays June 3, 10, 17, 24 | 10:00–11:30 a.m. Pineview Room Instructor: Dr. Elaine Johnson

Text: Tattoos on the Heart, Gregory Boyle

Course Description:

For twenty years, Father Gregory Boyle has run Homeboy Industries, a gang intervention program located in the Boyle Heights neighborhood of Los Angeles. In **Tattoos on the Heart**, Father Boyle distills his experience working in the ghetto into a breathtaking series of parables inspired by faith. Arranged by theme and filled with sparkling humor and glowing generosity, join the discussion of these essays which offer a stirring look at how full our lives could be if we could find joy in loving others and in being loved unconditionally.



Dr. Elaine Johnson elaner2010@gmail.com

CNSF 100: "How to Win Against Worry" Workshop



Wednesday July 24 | 7:00-8:15 p.m. Dormer Room

Instructors: Carolyn Klusmeier, Registered Associate Marriage and Family Therapist Shell Cowper-Smith, Certified Family Coach

Course Description:

Worry is something we all face from time to time. Perhaps you have a friend that struggles with worry and you would like some ways to encourage them? Join this workshop to learn some practical tips and tools to gain that peace you desire.



Carolyn Klusmeier

carolyn@soulcarehouse.com

Shell Cowper-Smith shell@rbcpc.org

CMMT 100: Interfaith Educational Tour



Wednesday July 24 | 9:00–11:00 a.m. Location: Interfaith Community Services 550 W. Washington Ave. Escondido, CA 92025 Instructor: Paul Marx

Course Description:

RB Community Church was one of the original founding Churches for Interfaith a local charity devoted to eliminating poverty and homelessness. Since those beginning days, Interfaith has grown much larger and now helps thousands of poor people in many different ways. Come join Paul Marx, who has along with his wife Deb, has been involved as a volunteer since the early 1980's, when Interfaith operated out of a small east Escondido store. It has a four-star rating on Charity Navigator, and is the largest such nonprofit in North San Diego County.



Paul Marx

marxpg@gmail.com

COLLEGE OF THE BIBLE

CMBS 200: From Judaism to Christianity: Kings, Prophets and Exile



Sundays, May 26-July 28 | 10:00 - 11:00 a.m. Fellowship Center Instructor: Abbe Willner

Course Description:

This course is a continuation of the series 'From Judaism to Christianity," and follows an historical overview of the Old Testament as the story (of God) on the road to the New Testament. This summer's course will start with 1 Kings, chapter 12 and the division of David's Kingdom, then continue through to the destruction of the first Temple. It will feature the Prophets of the Old Testament, especially Elijah, Elisha, Isaiah and Jeremiah. A comparison of Kings and Chronicles will also be included. The connections and relevancies from Old to New have been enlightening and exciting for students, particularly as they are brought to light by the instructor who converted from Judaism to Christianity. Students do not have to have attended previous summer courses to attend this course.



Abbe Willner abbe.sd49@gmail.com

CMCM 100: Prisoners of Hope 111 Inspiring Stories



Mondays, July 1, 8, 15 & 22 | 10-11:30 a.m. Pineview Room

Instructor: Rev. Jerald Borgie Text: Prisoners of Hope 111 Inspiring Stories, by Rev. Jerald Borgie

Course Description:

Come join a book discussion with pastor and author Jerald Borgie! His book, *Prisoners of Hope: 111 Inspiring Stories* provides a series of inspirational short stories based on specific Bible passages and parables. With humor and heartfelt wisdom, readers will learn how ordinary people have found hope in how the words of the Bible have been reflected in their everyday lives. From a baby girl who was abandoned by her mother at a Holiday Inn only to be adopted by a loving family, to the solace that a wealthy man found in the words "In God We Trust" on a found penny, the stories show us that no matter what the circumstances, the answers are always found in the words of the Lord.



COLLEGE OF THE BIBLE

CMBS 100: Seekers (Study the Bible with Pastor Mofid)



Wednesdays | 10:00-11:00 am Skylight Instructor: Rev. Dr. Mofid Wasef

Course Description:

This class focuses on the cohesiveness of the Old and New Testaments as God's continuous story. Or as Pastor Mofid says, "What is hidden in the Old Testament is revealed in the New Testament."



Pastor Mofid

mofid@rbcpc.org

CNAT 200: Where Can Truth Be Found? Examining Our Faith through the Arts of the Reformation



Tuesdays July 30, August 6, 13, 20 | 6:00-7:30 p.m. Pineview

Instructor: Rev. John M. Scholte Text: Rembrandt: The Dutch Baroque Style, John M. Scholte

Course Description:

This course will examine the art and artistic eras, which showcase the Reformation and Counter-Reformation's search for truth and explore where Christian's can encounter this same truth today. This examination and exploration will include three avenues of study; the historical, artistic and spiritual.



CMMT 300: Comparative Religions



Online Course Web Address: scs-university.teachable.com *Instructor: Rev. John M. Scholte Text: Textbook: RELG: World (Any Edition) by Robert E. Van Voorst The textbook can be purchased on Amazon.com*

Course Description:

A comparative approach to the teachings of the world's primary religions to Christianity. The religious and cultural expressions of Hinduism, Buddhism, Confucianism, Taoism, Judaism, Islam, and Sikhism will be explored through their core teachings against the back drop of Christian theology and culture.

Directions to join your online class:

Type the Web Address into your browser. You will reach SCS University which assists the College of the Bible with its online platform. Select "Enroll Now." Complete the Enrollment Form. Agree to the "Terms of use and privacy policy." Select "Sign Up." Choose Course. Select videos to watch. If you have problems please contact the instructor.



COLLEGE OF THE BIBLE

CMCL 300: Equipping Leadership



Online Course Web Address: scs-university.teachable.com Instructor: Rev. John M. Scholte Text: Experiencing Leadershift Application Guide by Don Cousins and Bruce Bugsbee*

Course Description:

The Equipping Leadership class is open to anyone but is primarily intended for leadership training and ministry development. It's for all who are in a leadership role, whether paid or volunteer, whether you lead three people, thirty, or one thousand. It's about assisting all those who have leadership responsibilities at RB Community Church.

*Textbook can be downloaded for free on class platform.

Directions to join your online class:

Type the Web Address into your browser. You will reach SCS University which assists the College of the Bible with its online platform. Select "Enroll Now." Complete the Enrollment Form. Agree to the "Terms of use and privacy policy." Select "Sign Up." Choose Course. Select videos to watch. If you have problems please contact the instructor.



HIGHLIGHTS FROM SPRING 2019



CURRICULUM TRACKS

The Mission of RB Community Church College of the Bible is to "equip believers for the work of ministry" (Eph 4:12-14) with RB Community Church. The goal is to effectively train believers in the Word so they can grow in their relationship with Christ and others and effectively minister in their community. RB Community Church College of the Bible is committed to the foundation of God's truth in the Scriptures, the clear presentation of those truths as they relate to each course, and the application of those truths to individual believers and their ministry in the world.

The College of the Bible offers ten tracks which students can follow that will lead to a "major," and/or "minor."

To receive a Major Certificate, students must complete 60 credit hours of which 36 hours must be within the discipline of their track. The remaining 24 credit hours may be taken outside their track.

THE CERTIFICATE MAJORS ARE:

1. Christian Ministry (CMCM) Includes a concentration on a wide range of classes that support a student's spiritual growth and discipleship. The focus is on the Christian life in general and how to live a Christian life within a secular world. (Although this can be a declared track, those who do not declare a major or minor will automatically be enrolled in this track.)

2. Biblical Studies (CMBS) Includes a concentration on the 66 books of the Bible. The student will be equipped to interpret the Bible for themselves and others. The focus will be on the understanding and application of the Bible through enhanced historical and contextual exploration of its various books.

3. Theology (CMTT) Includes a concentration on the doctrines of the Reformed Faith. The focus will include Systematics, Biblical, Historical, Covenant, and Pastoral approaches to assist the student in deepening their understanding of how theology relates to ministry and the Christian life.

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4. Christian Leadership (CMCL) Includes a concentration on principles which enhance and develop the student's leadership skills and knowledge to lead the church professionally and spiritually in its ministry. The focus will be on how to utilize the church's structure to provide transformational and servant leadership that contextualizes the church's ministry in the community.

5. Missions (CMMT) The Missions major includes a concentration on preparing students for effective cross-cultural ministry as skillful workers and as clear communicators of the gospel. The focus will be ministering and working in an intercultural community which has become international and multinational. It will also include serving in a cross-cultural setting, either in the United States or abroad.

To receive a Minor Certificate, students must complete 36 credit hours of which 18 hours must be within the discipline of their track. The remaining 18 credit hours may be taken outside their track.

THE CERTIFICATE MINORS ARE:

1. Church Health and Growth (CNCH) Includes a concentration on the signs, principles and practices of a healthy growing church along with cultural influences and reaching the unchurched. The focus will be on assisting the student to demonstrate an understanding of the biblical models of healthy churches and the missional nature behind growing churches in the context of the church's ministry in the community.

2. Spiritual Formation (CNSF) Includes a concentration on promoting growth in the student's inner life of faith and prayer with God in the context of a shared community, while also developing the student's knowledge-base in the Word, spiritual formation and soul care. It focuses specifically on ways to deepen the student's knowledge and openness to God and His work, as well as understanding the self and others in order to grow toward conformity of character and inner life in the image of Christ. In turn, it trains students to assist others in their journey of growth in Christ and His body.

CURRICULUM TRACKS (continued)

3. Teaching (CNTT) Includes a concentration on training for the church educational programs and discipleship ministries. The focus will be on the student acquiring the tools to teach, lead and work in a variety of church education and discipleship positions including children, youth and adult ministries.

4. Arts and Theology (CNAT) Includes a concentration on preparing the student to be an effective interpreter of Christianity in contemporary culture. The focus will be on combining the study of music, art, or theater (with theology), creating opportunities for students to prepare for ministry in a wide variety of fields where faith intersects with culture.

5. Youth Ministry (CNYM) Includes a concentration in a biblical philosophy of youth ministry, understanding contemporary youth culture, youth problems, and counseling of adolescents in different settings. It focuses on how to communicate biblical concepts effectively in a variety of teaching situations. It will also include an internship that gives the student real experience in the field.

NOTE: You will still be able to take any class you would like, but if you declare a major or minor there will be a selection of courses you can take that will lead to the Certificate. If you don't declare a major or minor you will automatically be in the Christian Ministry track. To make your declaration, and to register in the College of the Bible, you will need to take the "Gateway Class" which will be offered various times throughout the year.

NOTES



"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." - John 15:5

Are you new to RB Community Church or have you been attending for a while and are ready to become more involved but aren't sure where to begin. Small groups or LifeGroups provide the perfect place to connect, build relationships, encourage each other and feel cared for. They provide an environment where friendships can form and grow. These groups provide a safe place to share faith, doubts, and concerns. We currently have multiple groups made up of 4 – 12 people meeting regularly in homes, on campus or other location. The topics of discussion vary with each group. Social gatherings around food or local mission projects provide time for fellowship and service that strengthen group interaction.

In addition to ongoing LifeGroups this summer there are several opportunities for participating in a short-term 4-6 session group. This is a great way to meet others without a long term commitment, although it may develop into one. The theme of the summer groups is "Health, Fitness and Relaxation."

For more information on these groups check the LifeGroups table on the patio or email lifegroups@rbcpc.org.

Kathy Wesley, LifeGroups Coordinator

Summer LifeGroups

Summer is a time for a more relaxed schedule with time for family and get-togethers with friends. With that in mind some short-term LifeGroups are starting around the theme of *HEALTH*, *FITNESS AND RELAXATION*. These groups will meet 4 – 6 times throughout the summer at a time/place decided by the leader and group availability. This is a great opportunity to spend time in a small group of 4 -10 people to share a common interest and get better acquainted without a long-term commitment.

Health - Made to Crave



Tuesday, June 11, 18 &25 and July 2, 16 & 23 10:30 am - noon Pineview

Description:

Summer means the availability of more fruits and vegetables. This is also a time when many are interested in ways to make healthier lifestyle choices when it comes to food. If this is something you are looking for, join this LifeGroup using the 6-week video series based on the book Made to Crave by Lysa Terkeurst. This Bible-based study helps with finding the "want to" for making healthy lifestyle changes to take you beyond the summer. We are each made to crave but our craving should be for things spiritual rather than earthly things.



Kathy Wesley lifegroups@rbcpc.org http://bit.ly/cotbible

LIFEGROUPS (continued)

Health - Cooking Healthy



Mondays, Jul. 8, 15, 22 & 29 | 6:00-8:00 pm *Group limited to 10*

Description:

Are you confused about some of the dietary options/lifestyles currently discussed? Or, are you trying to eat healthy, but not sure how to prepare meals in keeping with these food guidelines? This 4-session LifeGroup provides an opportunity for sharing information to help meet your special dietary needs. Gather together and participate in hands-on food preparation, getting you excited for the next steps towards healthier menus! Once the cooking is complete, the fun of tasting your creation begins!



Kimberley Scholte lifegroups@rbcpc.org http://bit.ly/cotbible

Fitness - Walking, Hiking, Biking

Watch the website & newsletter for date & time

Description:

Do you enjoy walking, hiking or biking? Are you one that regularly tracks your steps and maybe even enjoy a little competition with others for the most steps?

Then one of the following LifeGroups may interest you:

- Walking LifeGroup lead by Andy and Shannon Watt. Children and pets welcome.
- *Hiking LifeGroup* lead by Paul Marx and Tony Cook
- Biking LifeGroup lead by Kurt and Barb Tritchler
- Step Challenge facilitated by Kathy Wesley



Relaxation - Quilts from Scraps



Beginning June 4th | Tuesday's 6:30 - 8:30pm in Skylight

Description:

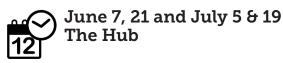
This 5-week LifeGroup provides a chance to share with others while creating a quilt top from leftover fabrics that have accumulated in the sewing closet. Participants have the opportunity to choose from multiple patterns; then with the help of a Tied in Prayer quilter complete the pattern. There is lots of time for sharing and fellowship along the way. All you need is your sewing machine and a willingness to have fun and relax.



Kathy Wesley

katknits@cox.net http://bit.ly/cotbible

Relaxation - Colorful Scripture



Description:

This LifeGroup provides those with a love of coloring to relax and create with color. Many adult coloring books available today use scripture or hymns as the basis for colorful designs. While coloring hearing the words of scripture read make for a reflective mood. Sharing together provides thought provoking conversation while making the page before you come alive with color.



MORE OPPORTUNITIES

Crosstalk Bible Study (for Men)



Fridays | 6:30-7:30 am Lower Fireside

Description:

This class is an on-going men's Bible study that has met since 1982 and is comprised of men from all walks of life. Everyone is welcome. The class format features a brief lecture, in-depth discussion, and a time of fellowship following the class.

*Not related to the College of the Bible



Ken Gerard ken@kgerardlaw.com

Crosswalk Bible Study (for Women)



Thursdays | 10:00 - 11:30 am Lower Fireside

Description:

This study provides a chapter by chapter look at the Book of Genesis. It is designed to be an exciting and stimulating examination of "In the beginning..." and the events that follow. The study is structured so that people can join in at any time of the year and we meet year round. Lively discussions and group participation is encouraged. Everyone is welcome.

*Not related to the College of the Bible





Marriage Enrichment is an important part of the Education & Discipleship ministries that RB Community Church offers to the community.

RB Community Church strives to strengthen marriages so they not only survive, but also *thrive* in the way God designed marriages to be!

This ministry is led by The Marriage Enrichment Team: a group of couples that have a vision for a church and community where marriages and couples flourish. They offer Date Nights, Retreats, Classes, and Special Events throughout the year.



The Marriage Enrichment Team also offers engaged and young married couples the opportunity to partner with trained, volunteer couples to disciple them in building the foundation for a solid marriage.



Karen Kritzer kkarenp@gmail.com $\overline{\mathbb{O}}$

Coming Sunday, September 8: College of Marriage

A college within a college! RB Community Church College of the Bible is expanding. The College of Marriage, designed to strengthen and enrich marriages, will feature 15 sessions -- come for all or the ones you choose.

Taught by Scott Wood, licensed marriage and family therapist and other professionally trained and experienced instructors, classes will focus on love languages, handling conflict, sex, forgiveness, affair-proofing, proactive parenting, financial management, etc.

They will be nurturing, relaxed and fun, combining a Biblical view of marriage with clinical and researched based skills to strengthen and enhance marriage. They are for everyone -- satisfied couples seeking to further enhance their relationship, couples who have some areas of struggle, and engaged couples preparing for marriage.

A Couples Weekend is tentatively planned for February to celebrate the "college's" completion. Mark your calendars now for Sunday, September 8, 11:15-12-45. They will coincide with the children's and youth's Fine Arts Academy. The College of Marriage is sponsored by the Marriage Enrichment Team.

For more information contact Karen Kritzer, <u>kkarenp@gmail.com</u>



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