

February 9-10, 2019 ■ Issue No. 61

# Newsletter

*What's Happening at RB Community Church*



## The Season of Lent: An Opportunity to Serve Others

We started this year with Play It Forward as an outreach to children in our community and as a means of helping to teach our children the meaning of generosity. The response was AMAZING and we have delivered car loads of bikes, toys, games, books, stuffed animals, and dolls to the following agencies in San Diego: Salvation Army, Presbyterian Urban Ministries (PUM), Door of Hope, San Diego Children's Home, Support the Enlisted Project (STEP), and teddy bears to the San Diego Police Department.

Your donations, of cans, food boxes, and cash for "Souper Bowl" was just as remarkable. Thank you to Gwen Carr, Carpenter's Fellowship and Boy Scout Troop 680 for taking the lead on this activity. The total number of cans was 3598 and \$1931 was donated making for a successful "touchdown" for PUM and Interfaith Community Services food banks.

Next Sunday, the San Diego Blood Bank will be on our campus in the lower parking lot all morning. Please consider "Giving the Gift of Life" so that others can LIVE.

During the Lenten Season, we are encouraging you to clean out drawers, closets, kitchens, and garages to help restock our Resale Shop in Poway. This weekend we will be distributing collection bags with information as to what types of items the Resale Shop can use. You can return your bags to the church office or the Resale Shop anytime between March 6 & April 18. All proceeds from the Resale Shop go to support our local and international missions. We couldn't do it without you bringing in your "stuff" and the wonderful volunteers working at the Resale Shop.

Additionally, we have made arrangements for Life Groups, other groups in the church, and small gatherings of friends to serve meals to families in transition at Solutions for Change in Vista. These single parent families have made a commitment to be alcohol and drug free as they rebuild their lives to provide a stable home environment for their children. Part of their program requires that they eat dinner in a community setting ... parents and children together.

During the month of March we are looking for volunteers to make a one-time pick up and delivery of breads and pastries from O'Brien Bakery in Poway to food distribution sites in our local communities. We need drivers for Mondays and Thursdays in March for a 10:00 pick-up at O'Briens.

If you are interested in donating blood, helping to serve meals, or the bakery pick-up and delivery please contact Elaine Johnson at [missions@rbcp.org](mailto:missions@rbcp.org) or [elaner2010@gmail.com](mailto:elaner2010@gmail.com).

Serving HIM Together,

Elaine Johnson, Missions Coordinator



# Stay Connected!

## The Art Gallery Needs You!

You are all invited to participate in the next Art Gallery exhibit, from March 10-May 1! The theme is, "All Things Holy." Over the years, many of you have shared your favorite objects of art: mementors, paintings, collections, and much more for our congregational collaborations. Look within your heart and mind to see (with new eyes) the objects around you that fit into the theme, "All Things Holy." Plan to share them with this exhibit. The amazing diversity of our congregation always makes these collaborations very special!

Please contact Michael Gusky at [mikegusky.gusky@gmail.com](mailto:mikegusky.gusky@gmail.com) or 858.722.4094 if you have some things to share, or if you have questions and need additional information.

## Ash Wednesday

*Wednesday, March 6 | 6:30 pm*

The season of Lent begins with an Ash Wednesday experience on March 6th. Join us in the Sanctuary at 6:30pm for a short worship experience of music, the Word, and imposition of ashes. Afterwards, you will have the opportunity to participate in a choice of activities to help prepare you for the Lenten journey.

## Testimonies Wanted!

We're looking for some of our folks who want to share the message, "I love my church!" Pastor Bryan can help you put it together. It is powerful AND easier than you think.

If you want to give your written and/or verbal testimony, please email [bryan@rbcp.org](mailto:bryan@rbcp.org).

## Give the Gift of Life!

The San Diego Blood Bank mobile van will be on the lower parking lot all morning February 17. When you donate one quart of blood you are really helping three people in need of processed blood components. If you give regularly, but can't give on the 17th, please consider designating one quart in the future to the RBCPC account. There are a number of time slots still available, please sign up on the courtyard, mark your connection card, or contact Elaine Johnson at [missions@rbcp.org](mailto:missions@rbcp.org).

## PrimeTime

*Thurs. Feb. 14 | 10:30 am*

*Fellowship Center*

Sandy DeVito Trio returns to Prime Time on Valentine's Day. Performance will consist of latin, show tunes, jazz, and some mellow rock favorites. Sandy has entertained with Julie London, Vickie Carr, Julius La Rosa, and Tony Martin. He has also recorded with Les Paul and the Ray Charles Singers and shared the stage with Peter Nero. Come and hear one of our favorite guitarists. RSVP to [bill@rbcp.org](mailto:bill@rbcp.org) or 858.487.0811.

## Concert Series: Chelsea Chen (Organist)

*Sunday, February 24 | 4:00 pm*

*Sanctuary | Free Concert!*

Heralded by the LA Times for her "rare musicality and lovely grandeur," this concert from internationally renowned organist and composer, Chelsea Chen, will be a treat! From our own San Diego Union Tribune: "Chen drove [the Spreckels Organ] like a sports car. She had the beast, and the audience, eating out of her hand. The organ sounded scary good. You could swear the instrument was alive." Invite your friends to enjoy this free concert!

## Health Display & Blood Pressure Screenings

Blood Pressure screening every Sunday 9:30 AM in the Courtyard. Parish Nurses are available with health information and consultations. High blood pressure is an important risk factor for Heart Disease and Stroke. Hypertension can be managed. Blood pressure screening is encouraged for ALL!!

## History of Hymns

*March 5-April 30*

In this class you will reflect upon dozens of the greatest hymns written from the earliest years of the Church through the Twentieth Century. Together with Dr. Christopher Cook, Director Emeritus, you will look at the significant contributions made by each hymn as illustrated by composition, stories, and historical events of the time and accounts of the authors and composers. Sign up on your Connection Card!

## Dinner for 12

This is an informal gathering for folks interested in exploring more about our church family - belonging and getting involved. Eat some great food and learn how God wants you to find your fit in His family. For more info, contact [sheri@rbcp.org](mailto:sheri@rbcp.org).

## 2019 Financial Pledge

As a church family, we are grateful for all of the support we receive. We ask you to prayerfully consider pledging. Our Church Community gives in so many ways, but it is the annual pledges given at all levels that ensures we continue to faithfully support all our family members in Christ. If you haven't already, please pick up a 2019 Pledge Guide today (pledge card enclosed).

# CPR + AED CLASS

Saturday, March 2, 2019

9 am-1 pm in Dormer East & West (Room 221)



HEARTSAVER CPR AED

Sponsored by RBCPC Parish Nurses

This certification class teaches basic life-saving techniques using the current CPR-AED guidelines of the American Heart Association. Training is provided in the use of our AED. The class is suggested for the lay rescuer who wants CPR certification from the American Heart Association. Infant CPR is included in this class.

## Our CPR Instructor Team

All our instructors have current accreditation in basic life support. They are members of our church who volunteer their time and expertise. We appreciate them sharing their knowledge with other members of RB Community Church.

Reservations are **REQUIRED** for all classes (Cost: \$30)

Please email [parishnurse@roadrunner.com](mailto:parishnurse@roadrunner.com) or call

858.487.0811 ext. 272





# give the gift of life.



## sunday, february 17

### *What's Happening @ RB Community Church*

#### **MONDAY, 2/11**

9:00 am Spiritual Strength & Stretch  
9:15 am Laubach  
10:00 am Nominating Committee Meeting  
12:00 pm OEA Meeting  
5:30 pm CBS Men  
6:00 pm Boy Scout Troop #680  
CBS Women  
Human Conflict & Christian Peace

#### **TUESDAY, 2/12**

8:30 am CBS Women Leadership Meeting  
9:00 am Stephen Ministry Supervision AM Mtg  
9:30 am MomsConnect  
Serendipity Women's Bible Study  
11:00 am All Staff Meeting  
12:30 pm Tuesday AM LifeGroup  
4:00 pm Preschool Staff Meeting  
6:00 pm Tied in Prayer Quilt Basics & More  
Tuesday PM LifeGroup

#### **WEDNESDAY, 2/13**

8:30 am Women's Prayer Group  
9:00 am MOPS Leadership Meeting  
9:30 am Daniel: Lives of Integrity  
10:00 am Seekers Bible Study  
4:30 pm Wednesday Recital: The Wellie Trio  
5:00 pm Wednesday Night Supper  
6:00 pm Contemporary Choir Rehearsal  
Middle & High School Ministries  
Wednesday PM LifeGroups  
7:30 pm Young Adult Bible Study

#### **THURSDAY, 2/14**

6:00 am Men's Bible Study  
8:30 am Abraxas Program  
9:00 am CBS Women  
10:00 am Women Crosstalk Bible Study  
10:30 am PrimeTime  
1:00 pm Savvy Travelers Committee Meeting  
6:00 pm Love in Motion Rehearsal  
7:00 pm Chancel Choir Rehearsal  
High School Senior Quilts

#### **FRIDAY, 2/15**

6:00 am Men Crosstalk Bible Study  
8:00 am Pew Angels  
9:00 am Spiritual Strength and Stretch  
5:30 pm Fun Friday Night  
6:30 pm Arabic College Group

#### **SATURDAY, 2/16**

9:00 am Musical Rehearsal  
5:00 pm Contemporary Worship Service

#### **SUNDAY, 2/17**

8:30 am KidsLife  
Traditional Worship Service  
Worship Café  
9:30 am One-to-One Sponsor Meeting  
10:00 am Contemporary Worship  
God's Prescription for Wholeness  
Middle School Ministry  
High School Ministry  
11:00 am Arabic Speaking Service  
Arabic Sunday School  
11:15 am RB Fine Arts Academy  
11:30 am Computer Basics - canceled  
Traditional Worship Service  
2:30 pm GriefShare