

Ephesians 6
10.19.11

Key lesson: You do what you can do then you live humbly, counting on God's protection, direction and correction.

Finally, be strong in the Lord and in his mighty power. ¹¹ **Put on the full armor of God**, so that you can take your stand against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore **put on the full armor of God**, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.

Truth: Say what is true

¹⁴ Stand firm then, with the belt of truth buckled around your waist,

Righteousness: Do what is right
with the breastplate of righteousness in place,

Ready to be a follower of Christ: Proceed as a Christian
¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace.

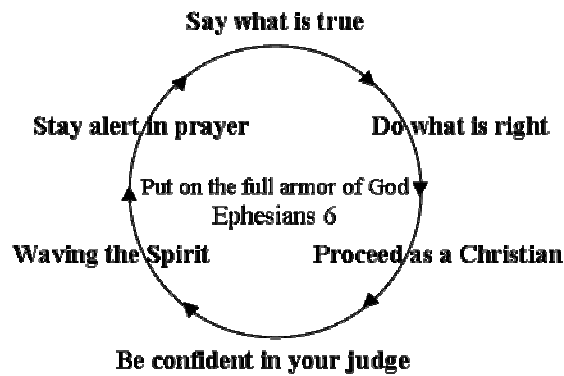
Faith: Be confident in the one who is your only judge
¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

Salvation: Be confident in the one who is your only judge
¹⁷ Take the helmet of salvation

Wield the Spirit (not the Bible): Waving the Spirit towards others
the sword of the Spirit, which is the word of God.

Pray: Stay alert in prayer
¹⁸ And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

(over)



Group Discussion:

1. How do you know when something is true?
2. Ken Blanchard said righteousness means being right with God, others and yourself. What does that mean on a practical, daily basis?
3. What would you do (or do you do) in the morning to prepare yourself to act as a follower of Christ during your day?
4. How would consciously acting as a follower change your behavior around others?
5. What does it mean to "wave" the Spirit around like a sword? Should we figuratively, "hit people over the head" with our Bible?
6. How might you use the circle Neal described in his lesson?