



THE
ANATOMY
OF A
DISCIPLE

What does it mean to be a disciple of Christ?
How do you know if you're really growing spiritually?
Is that even measurable?

**In this eight week series we will look at the simple
but very intentional life of Jesus Christ
to illustrate what spiritual growth really looks like.
We will learn how we can become
more and more like Him over time,
no matter who you are or where you have been.**

*Anatomy of a Disciple includes eight short videos
that we will watch at launch, or at your home group,
each accompanied by a study session uniquely designed for Core.
Videos available on rightnowmedia.com.*

*Integral to this series is the online assessment that you will take
before and after this series. This assessment will cost \$8
(usually 19.95... so that's a sweet deal, my friend)
You will learn more about this at Core and you will receive
instructions at that time!*

***This series is dependent on the videos and the assessment.
Contact core@rbcp.org for any questions.***

SESSION 1

INTRO TO THE ANATOMY OF A DISCIPLE

SCRIPTURE
Matthew 28:17-20



Read Matthew 28:17-20, the ‘Great Commission’ that Jesus left as a charge for his followers

1 If being and making disciples is a command, why don’t most believers do it more often or more intentionally?

2 What barriers prevent you from being a disciple?

3 What barriers prevent you from making disciples?

4 What’s the difference between behavior modification and authentic life change?

5 Which of the things that Brad talks about in this video could you most relate to? Why?

6 The typical pattern many believers fall into is they try hard, do good and fail. Then they try harder to do good and fail again, until they don’t try so hard or do so good, so they just give up and fake it. Can you relate to this? Where do you find yourself in this pattern?

7 In what ways do you try harder and do more? Why do you think you do this? How does it make you feel?

8 Brad says we can’t lead people where we have never been. What’s the next step in your discipleship journey so you can start leading others?

9 God is taking the initiative to call out to you. What is He saying to you? How are you going to respond?