

# WEEK 3

# THE ANATOMY OF A DISCIPLE

## SESSION 3 – HUMBLY SUBMITTED

Last week we talked about how spiritual growth and true life change require you to respond to God's call. In doing so, your life begins to change from the inside out. But how do you know if the weeds of pride are preventing you from obtaining a dynamic and vibrant spiritual life? In this session, we identify several indicators that may reveal the presence of pride and explain the importance of being Humbly Submitted to God.



# SESSION 3

HUMBLY SUBMITTED

## SCRIPTURE

Genesis 3:1-6

Philippians 2:5-8

1 Peter 5:5-7

Matthew 26:33-35, 74-75



### Helpful Reminder:

There are passages from scripture above that will work to set your conversation up with some good perspectives from God's word. Charge on!

1 What are some of your favorite hobbies?

2 Are there any unchecked weeds in your spiritual life that you need to address?

3 Why do so many people struggle with the sin of pride?

4 True spiritual formation cannot occur without being Humbly Submitted to the Father.

Why do you think that is so important in the discipleship process? Did your results on the assessment in this area surprise you or give you any new insights into your life?

5 Take some time to think about these questions to check the weeds of pride in your life:

- Do you compare yourself to others?
- Do you put others down so you feel more important?
- When given criticism or feedback, do you get defensive?

6 How can you decrease so He may increase?

7 What are some ways our culture glorifies self-exaltation?

8 What can you begin to do right now to weed out pride in your life and become more Humbly Submitted to God?

### ADDITIONAL SCRIPTURE TO CONSIDER

Psalms 51:5 • Mark 10:45 • John 6:38 • Matthew 26:39 • Genesis 1:1