

# WEEK 4

# THE ANATOMY OF A DISCIPLE

## BIBLICALLY FORMED

Are you bored spiritually? Are you stagnant in your faith? To be and make disciples, you must first have a true picture of who you really are and what God wants for you. In this session, Brad discusses the spiritual transformation that takes place from reading, memorizing and living out God's Word, and why humble submission and biblical formation must exist in tandem.



### Assessment Question:

How did you do in the Biblically Formed section?

Is this a strength area or an arena awaiting improvement?

What is the best way to grow in Biblical Formation — Is it just about learning more Bible facts and stories?

# SESSION 4

BIBLICALLY FORMED

## SCRIPTURE

Matthew 4:1-11  
Romans 12:2  
2 Timothy 3:16-17  
Proverbs 119:11



### **Bible Reminder:**

There are passages from scripture above that will work to set your conversation up with some good perspectives from God's word. Charge on!

- 1 Have you ever believed the Bible was full of contradictions and/or wasn't valid?
- 2 How well do you practice the disciplines of reading, studying and memorizing your Bible?
- 3 What keeps you from reading and interacting with the Bible?
- 4 Do you rely on others to feed you the Word of God (using podcasts, curriculum, devotionals, etc.)? Is this good or bad? How do you personally interact with the text?
- 5 How can you use the Bible to transform and renew your mind?
- 6 Take some time to consider these questions about your spiritual life:
  - Are you bored spiritually?
  - Are you stagnant in your faith?
  - Has your Bible become a religious token?
- 7 How can you begin to breathe fresh air into your spiritual life?
- 8 What tools can you use to help you memorize Scripture and hide it in your heart?
- 9 Being Humbly Submitted in your heart and Biblically Formed in your mind drive and energize the spiritual life. Why is it so vital that your heart and mind work together? Do you feel stronger in one area over the other?

### **ADDITIONAL SCRIPTURE TO CONSIDER**

Romans 7:7 • 1 Thessalonians 4:3-5 • Ephesians 4:29 • Ephesians 5:18 • Nehemiah 8